

DIVE INTO THE SHARED WORLD OF TWO CULTURES



HELLO EVERYONE

My name is Daniela and I live in Puebla, Mexico, and my exchange partner, Sofia, lives in San Diego, California in the U.S.A. Despite living far from each other, we have many things in common because her family is Mexican.

Let me share a little more about us!



LOCATION AND CLIMATE

San Diego is a city famous for its beaches and its warm climate, and very close to Mexican culture.



Puebla is a city with a humid climate and although it does not have beaches, it is very famous for its churches.

FOOD

San Diego has been influenced by Mexican gastronomy, therefore, there are several dishes that we share, such as tacos, burritos and tortillas.

However, the traditional food there is hamburgers, hotdogs and mashed potatoes.



INDEPENDENCE DAY

The form in which we celebrate the Independence day is very different.

In the U.S., they barbecue with friends, eat burgers, and watch fireworks. While in Mexico, we eat typical Mexican food, such as tostadas, tacos, tamales and esquites.



We also meet as a family to give 'el Grito de Independencia'.

FESTIVALS AND TRADITIONS

Sofia celebrates Thanksgiving (in November) with her family, they eat turkey, mashed potatoes and stuffing.

My family and I celebrate the Day of the Dead in October. During this occasion we offer food and candles to our deceased family members, who according to popular belief in our culture, return from the hereafter to visit us. It is a way of remembering and paying our respects to them.



EDUCATION

Every school is different (obviously), but the difference in the educational system between U.S. and Mexico is the division of grades: In the United States it is 6-7 years for primary, 2-3 years for middle school and 3 years of high school. While in Mexico they are 6 years of primary, 3 of secondary and 3 of high school. A small but essential difference.

