



All About Food
An Educational Non-Profit

Program Topics

Grade	Growing Food	Eating Food	History of Food
1	How Plants Grow		First Thanksgiving
2	Identifying Food	Using Recipes	Foods of My Ancestors
3	Composting	Table Etiquette	Chocolate
4	Garden Guests and Pests	Nutrients and Calories	Farming at the California Missions
5	Garden Planning	Calories and Metabolism	Age of Discovery and the Spice Trade
6	Food Waste	Bakers' Ratios	Pharaoh's Table
7	Canning and Preserving	Heat Transfer/Cooking Methods	Da Vinci's Kitchen
8	Cellular Respiration and Compost	Food Safety	Food at Monticello
9	Water	Homemade	The Potato Famine
10	Land Stewardship	Eggs and Protein Bonding	The Dust Bowl
11	Food Systems	Herbs, Spices, and Flavorings	Condiments Through Time
12		Menu Planning and Shopping	Fermentation and Civilization