



**MAY 2**

# I AM MORE: FACING STIGMA



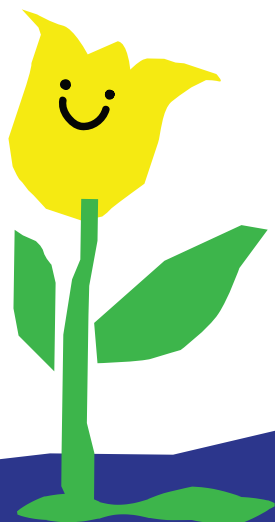
WED. MAY 2, 2018  
5:30 - 7:30PM

SPEEDWELL PROJECTS  
630 FOREST AVE  
PORTLAND, ME 04101



A photographic exhibition created by The Yellow Tulip Project  
For more info visit: [theyellowtulipproject.org](http://theyellowtulipproject.org)

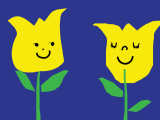
**MAY 6**



# SECOND ANNUAL HOPE DAY CELEBRATION

**Sunday, May 6, 2018**  
10:00 - 11:30 am  
Lincoln Park, Portland, ME

Join us for music, speeches,  
wellness activities & yellow  
tulip viewing!



**SMASH THE STIGMA.  
BUILD COMMUNITY!**

## The Yellow Tulip Project

### **Dates for May:**

Kicking off Mental Health Awareness Month

- |        |   |
|--------|---|
| May 2  | <b>I Am More: Facing Stigma Opening Reception</b><br>Speedwell Projects 5:30 - 7:30pm                   |
| May 3  | <b>I Am More: Facing Stigma exhibition open</b><br>Speedwell Projects 12 - 6pm                          |
| May 4  | <b>I Am More: Facing Stigma exhibition open</b><br>Speedwell Projects 12 - 7:30pm (YTP on site 6 - 8pm) |
|        | <b>First Friday Art Walk</b><br>12 - 7:30pm   |
| May 5  | <b>Steps for Souls: Suicide Awareness Walk</b><br>Bangor Waterfront Walking Park, Bangor, ME 10am - 1pm |
| May 6  | <b>Second Annual Yellow Tulip Hope Day</b><br>Lincoln Park, Portland, ME 10 - 11:30am                   |
| May 9  | <b>Facing Stigma: Creating Solutions, A Facilitated Workshop</b><br>Speedwell Projects 5 - 7pm          |
| May 10 | <b>I Am More: Facing Stigma exhibition open</b><br>Speedwell Projects 12 - 6pm                          |
| May 11 | <b>I Am More: Facing Stigma exhibition open</b><br>Speedwell Projects 12 - 6pm                          |
| May 12 | <b>Be Well Wellness Event</b><br>Speedwell Projects 10am - 12pm   |
| May 14 | <b>Bowling for Hope (YTP Fundraiser)</b><br>Bayside Bowl  |
| May 20 | <b>For Them 5K by The Silhouette Project</b><br>Kennebec Valley YMCA, Augusta, ME                       |

**For more information contact: [info@theyellowtulipproject.org](mailto:info@theyellowtulipproject.org)**

*hope happens*

**THEYELLOWTULIPPROJECT.ORG**